

Cumbria's Holiday Activity and Food Programme

South Lakeland



Book sessions in your area now!

- Visit westmorlandandfurness.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis and places are limited.
- Some activity providers offer transport. Visit westmorlandandfurness.gov. uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information

Who is it for?

- The Holiday Activity Programme is aimed at all statutory school-age children and young people (Reception-Year 11).
- Places are FREE due to funding from the Department for Education
- Funded places are for young people who receive benefits-related Free School Meals and other eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Interested in any of the activities listed in this leaflet? Visit westmorlandandfurness.gov.uk/holidays to book holiday activities now! Or use the booking information provided.
- The HAF email for enquiries: HAF@Westmorlandandfurness.gov.uk
- If you are not eliqible for a funded place many providers offer paid places please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session







Coach Gunn (QES Sports Hall, Biggins Road, Kirkby Lonsdale)

Description: Activities include multi sports, ropes, climbing frame, fun games, bouncy castle, UV Sports, supervised free play, archery, NERF, mini golf, Lego, Let's Craft plus lots more fun and creative activities! Hot lunch & snacks included.

Age range: 5-12

Dates: 23 Dec, 2, 5 & 6 Jan

Times: 8am - 5pm

Booking information: Call 07912 178917 or email coachmarkgunn@gmail.com

Coach Gunn (Burton Morewood Primary Academy School, Main Street, Burton-in-Kendal)

Description: Activities include multi sports, ropes, climbing frame, fun games, bouncy castle, UV Sports, supervised free play, archery, NERF, mini golf, Lego, Let's Craft plus lots more fun and creative activities! Hot lunch & snacks included.

Age range: 5-12 Dates: 22 Dec Times: 8am – 5pm

Booking information: Call 07912 178917 or email coachmarkgunn@gmail.com

Coach Gunn (Crosscrake C of E Nursery & Primary, Stainton, Kendal)

Description: Activities include multi sports, ropes, climbing frame, fun games, bouncy castle, UV Sports, supervised free play, archery, NERF, mini golf, Lego, Let's Craft plus lots more fun and creative activities! Hot lunch & snacks included.

Age range: 5-12 Dates: 20 Dec Times: 8am – 5pm

Booking information: Call 07912 178917 or email coachmarkgunn@gmail.com

Cowran Training Ltd (Cowran Estate, Pennington, Nr Ulverston)

Description: Farm-based outdoor activity, caring for animals (Large and small) and the land, enjoying, and learning about food, and having active days of fun. Meals included. Transport from Barrow and Ulverston available.

Age range: 8-16 Dates: 20 – 22 Dec Times: 10am-2pm

Booking information: Call Mike on 07811504229 or email Education@ cowranestate.com

Full Circle (The Hermitage, Rydal Road, Rydal)

Description: Wellness and outdoor nature activities. Meals Included

Age range: 4-14 Dates: 20-23 Dec Times: 10am-4pm

Booking information: Call 07557 768047 or email bethatfullcircle@gmail.

com

GLL Kendal Leisure Centre (Burton Road, Kendal)

Description: Multi-Sports and Craft Activity Days. Meals included.

Age range: 5-11 Dates: 22 Dec & 2 Jan Times: 9am – 2pm

Booking information: Email Mandy.

coates@gll.org

Grange Over Sands Community Foodshare (Main Street, Grange Over Sands)

Description: Seasonal activities, meet Santa and his Elves, choose a book and a toy, enjoy a delicious Christmas meal and take-home a Christmas hamper of surplus food.

Age range: 4-16 Dates: 21-23 Dec Times: 2pm - 6pm

Booking information: Call 07985 50541578879 or email twbs2020@

gmail.com

Kendal Rugby Club (Mintbridge, Shap Road, Kendal)

Description: Winter crafts and cards. rugby-based activity sessions and healthy eating workshops. Meals included.

Age range: 7-11 Dates: 20 & 21 Dec **Times:** 9.30 – 1.30pm

Booking information: Call 01539 734039 or email info@kendalrugby.

co.uk

Kendal Snowsports Club (Canal Head. Kendal)

Description: What is so great about skiing? Come and find out at Kendal Snowsports! Meals included.

Age range: 7-16 Dates: 20.21 & 28 Dec

Times: Morning session: 10am-12.45pm

Afternoon Session: 1pm-3.45pm **Booking information:** Email

kendalsnowsports.HAFcumbria@gmail.

com

Kent Estuary Youth (KEY) (M: Hub, **Beetham Road, Milnthorpe)**

Description: KEY is offering a Christmas celebration day a chance to have fun, learn new skills, develop friendships. and take on challenges in a supportive environment. A day trip to Ascent in Blackpool and a virtual activity pack, meals included.

Age range: 11-18

Dates & Times: 21st: M: HUB - 2pm-6pm, 22nd: Trip to Ascent - 3pm-8pm **Booking information:** Call 07960 451542 or email emmabanks@ kevproiectcumbria.onmicrosoft.com

Nab Cottage (Rydal, Ambleside)

Description: Christmas baking, arts and craft, team building, party games, music and dance, mindfulness. Meals included.

Age range: 4-11

Dates: 30, 31 Dec, 1 & 2 Jan

Times: 10am-2pm

Booking information: Call 07832995390

or email emrichardson@live.co.uk

Oaklea Trust (Kendal Lads & Girls Club. Beezon Fields. Kendal)

Description: 3 days of inclusive Holiday Activity & Food Programme including: 22nd Dec - Gingerbread man show at the Brewery Arts Centre. 28th Dec - Christmas Party at the Lads & Girls Centre. 2nd Jan - New Years Party at the Lads & Girls Centre.

Age range: 5-18

Dates: 22. 28 Dec & 2 Jan

Times: 10am-2pm

Booking information: Call 01539 735025 or email enquiries@oakleatrust.

co.uk

Ragtag Arts (Unit 16 Mealbank Ind Est, Kendal)

Description: Two day of crafting, creating Christmas decorations, crafty gifts, and lots more. Meals included. Children will also receive food parcels and activity packs to take home.

Transport available.

Age range: 5-11 Dates: 20 & 21 Dec Times: 10am-3pm

Booking information: www.ragtagarts.

co.uk

Sportscool Lancaster (St Cuthbert Catholic Primary School, Prince's Road, Windermere)

Description: A variety of exciting sports and activities. Themed, Inflatable, and Party days. Meals included.

Age range: 4-11

Dates: 20 – 22 Dec

Times: 8am-12pm (20 & 21) / 8am-4pm

(22)

Booking information: Email George.h@ sportscool.org for a booking form

Sportscool Lancaster (Castle Street Community Centre, Kendal)

Description: A variety of exciting sports and activities. Themed, Inflatable, and Party days. Meals included.

Age range: 4-11 Dates: 2-5 Jan Times: 8am - 12pm

Booking information: Email George.h@

sportscool.org for a booking form

Sportscool Lancaster (Castle Street Community Centre, Kendal)

Description: SEND specific sessions. A variety of exciting sports and activities.

Themed, Inflatable, and Party days.

Meals included. **Age range:** 4-11 **Dates:** 2-5 Jan

Times: 12.30pm - 4.30pm

Booking information: Email George.h@ sportscool.org for a booking form

The Endorphins Group (St Martin and St Mary's Primary School, Prince's Road, Windermere)

Description: An inclusive fun-filled winter spectacular with a wide range of activities. Meals included

Age range: 5 - 16

Dates: 20, 21, 27 & 28 Dec

Times: 10am - 2pm

Booking information: Call 0330 1332642 or email bookings@

endorphins.uk

Youth Presence (RSPCA Westmorland Branch, Riverview, Beezon Fields, Kendal)

Description: Two welcoming, fun filled days with a huge variety of activities. There will be lots of Christmas magic! Meals included.

Age range: 9-11
Dates: 21 & 22 Dec

Times: 10.30am - 2.30pm

Booking information: Email info@ youthpresence.org.uk for a booking link