



Cumbria's Holiday Activity and Food Programme - Barrow

Book sessions in your area now!

- Visit cumbria.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit cumbria.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

Barrow AFC Community Trust (BAFCCT) and Furness Education and Skills Partnership (FESP)

Description: Lots of fun activities each day to encourage fitness and build life skills!

Age range: 7 - 11

Dates: 25-28 Jul, 1-4, 8-11, 15-18 Aug

Booking instructions: Request booking forms from: community@barrowafc.com

Friends of Bram Longstaffe Nursery and Community Hub

Description: Arts and crafts, cooking, sports and physical activities, themed days.

Age range: 5 - 11

Dates: 25-28 Jul, 1-4, 8-11, 15-18 Aug

Booking instructions: Email: davemorrison1966@hotmail.com



Department
for Education

Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 5 – 16).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit cumbria.gov.uk/holidays to book holiday activities now! Or use the booking information provided.

Love Barrow Families

Description: A programme of exciting, inspirational activities to promote, emotional wellbeing, physical health and creativity.

Age range: Nursery - 16

Dates: 25-27 Jul, 1,3,6,8,10, 15 Aug

Booking instructions: Book through Love Barrow Families Facebook Page

The Keppleway Centre

Description: Exciting, action-packed outdoor activities on land and water (varies each day).

Age range: 8 - 16

Dates: 22-26 Aug, 29 Aug- 2 Sep

Booking instructions: Either by calling 01229 716936, or emailing us at stay@keppleway.org.uk

Activities on the next page

Available in Barrow

Ulverston Canoe Club

Description: Explore Windermere by canoe or kayak, enjoy lunch and games on the lake shore! Transport available from Ulverston on request

Age range: 12 - 18

Dates: 1-4 Aug

Booking instructions: Email: ucchaf@gmail.com

Walney Community Trust

Description: Games, sports, crafts, activities, for all ages! Transport may be available.

Age range: Pre School - 18

Dates: 1-4, 8-11, 15-18, 22-25 Aug

Booking instructions: Contact Ros on 07553 173189 or email: ros@walneycommunitytrust.org

Wellness at Greenacre

Description: Outdoor activities, petting animals, nature trails, den building, bouncy castle, colour run

Age range: 5 - 11

Dates: 21, 25-27 Jul, 22-23 Aug

Booking instructions: Email: info@wellnessatgreenacres.co.uk

Drop Zone Youthability

Description: Photography, art, yoga, walks, football, games, beach days.

Age range: 8 - 16 depending on organisation

Dates: 1-5, 8-12, 15-19, 22-26 Aug

Booking instructions: Call 01229 812888(DZ) or 07734 209095(YA)

RV Projects (Barrow)

Description: Introduction to DJing and Music Production. Events Management, Live Performance, Rap and Lyric Writing.

Age range: 7 - 18

Dates: 25-28 Jul, 1-4, 15-18, 22-25 Aug

Booking instructions: Email: Horizonstudiosnw@gmail.com

RV Projects (Millom)

Description: Introduction to DJing and Music Production

Age range: 7 - 18

Dates: 22-26 Aug

Booking instructions: Email: jonathandonatr@gmail.com

Cumbria Fire and Rescue Service (Barrow Fire Station)

Description: Join us for 4 days of fun and excitement at your local fire station!

Age range: 12 - 16

Dates: 1-4 Aug

Booking instructions: Email: hart@cumbria.gov.uk

Advantage! Barrow Riders Community Foundation

Description: Multi sports such as rugby, football, cricket, dodgeball, athletics and other activities!

Age range: 5 - 16

Dates: 26-29 Jul, 9-12 Aug, 16-19 Aug, 23-26 Aug

Booking instructions: Email: Advantage@barrowrffc.com

Furness Education Trust

Description: Multi-sport and well-being holiday camp!

Age range: Primary School aged children

Dates: 1-5, 22-26 Aug, 29 Aug-2 Sep

Booking instructions: Email: officeadmin@parkside-academy.co.uk

Family Action

Description: Daily swimming along with a variety of activities such as dodgeball, nerf wars, football and gymnastics

Age range: 5 - 11

Dates: 25-29 Jul, 1-5, 9-12 Aug

Booking instructions: Email: Alicia.beswick@family-action.org.uk

Cumbria Cricket Ltd

Description: Cricket, Football and Multi Skills

Age range: 5 - 11

Dates: 25 Jul, 1 Aug, 26 Aug, 2 Sep

Booking instructions: Call: 015395 69924

Cowran Farm (Barrow)

Description: Large Animal care, including Sheep and their lambs, Pigs and their piglets and horses. We also have small animals such as Ferrets, Rabbits, Guinea Pigs and Poultry. *Transport available on request

Age range: 8 - 18

Dates: 21-22, 25-29 Jul, 1-5, 8-11 Aug

Booking instructions: To book a place, please ask for a parental consent form, which now includes dates of attendance and transport from education@cowranestate.com. Return to: education@cowranestate.com